

LA Band

2020 - 2021 Color Guard

**What is color guard?**

Color Guard is a musical athletic activity that requires hand and eye coordination, stamina, and dedication. The color guard performs alongside the marching band providing a visual production to the Band’s show. It is a VERY active activity that requires everyone who participates to run, exercise, and push their personal fitness limits. Push-ups, running, and other exercises will be used for conditioning and strength building. One of the most interesting parts about watching a marching band is the color guard! The color guard has the unique responsibility to interpret the music through visual effects. Due to the relationship between color guard and military drills, you have to practice to become a member. In color guard we emphasize training in the student’s ability to spin, dance, and perform. It is very much a group activity, so learning to perform together is the ultimate goal!

**What is required of a color guard member?**

Color guard members are required to be at all rehearsals the band holds and may be required to do extra rehearsals during competition season! Members are also required to attend all games and competitions with the band. Members will be **required** to be at all camps during the summer:

A Band fee is necessary as a part of what we do, we are not fee waivered.

Audition and practices are tentatively scheduled for the first part of June.

Be looking for announcements

If you have any questions please contact Mr. Dingwall at 931-823-5911 x292 or email at [gdingwall@oc-sd.com](mailto:gdingwall@oc-sd.com) .

We really hope to see anyone that is interested!!!